

SNo	Provinces	Finnish and Swedish names	Residence city	Largest city	Population (2003)	Area (km ²)	Merged Provinces (1997)
1	Southern Finland	Etela-Suomen laani Sodra Finlands lan	Hameenlinna Tavastehus	Helsinki	2,116,914	34,378	Uusimaa, Kymi, Hame
2	Western Finland	Lansi-Suomen laani Vastra Finlands lan	Turku Abo	Tampere	1,848,269	74,185	Vaasa, Turku-Pori, Central Finland, Hame
3	Eastern Finland	Ita-Suomen laani Ostra Finlands lan	Mikkeli S.t Michel	Kuopio	582,781	48,726	Kuopio, North Karelia, Mikkeli
4	Oulu	Oulun laani Uleaborgs lan	Oulu Uleaborg	Oulu	458,504	57,000	No changes
5	Lapland	Lapin laani Lapplands lan	Rovaniemi Rovaniemi	Rovaniemi	186,917	98,946	No changes
6	Aland	Ahvenanmaan laani Alands lan	Mariehamn Maarianhamina	Mariehamn	26,000	6,784	No changes

For other more formats kindly visit www.downloadexcelfiles.com

Original source : en.wikipedia.org/wiki/Provinces_of_Finland