

Development Region	Administrative Zone	Named For
Eastern Development Region	Mechi Zone	The Mechi River
Eastern Development Region	Kosi Zone	The Kosi River
Eastern Development Region	Sagarmatha Zone	Sagarmatha (Mount Everest)
Central Development Region	Janakpur Zone	Its capital city
Central Development Region	Bagmati Zone	The Bagmati River
Central Development Region	Narayani Zone	The Narayani (lower Gandaki) River
Western Development Region	Gandaki Zone	The Gandaki River
Western Development Region	Lumbini Zone	Lumbini, a pilgrimage site, birthplace of Gautama Buddha
Western Development Region	Dhaulagiri Zone	Dhaulagiri mountain
Mid-Western Development Region	Rapti Zone	The West Rapti River
Mid-Western Development Region	Karnali Zone	The Karnali River
Mid-Western Development Region	Bheri Zone	The Bheri River
Far-Western Development Region	Seti Zone	The Seti River
Far-Western Development Region	Mahakali Zone	The Mahakali River

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