

S.No.	Province	Capital	Largest city	Name in the most spoken native language	Area	Population (2022)	Density (2022)
1	Eastern Cape	Bhisho (Bisho)	Gqeberha (Port Elizabeth)	iMpuma-Koloni (Xhosa)	168,966 km (65,238 sq mi)	6,676,691	39.5/km (102/sq mi)
2	Free State	Bloemfontein	Bloemfontein	Freistata (Sotho)	129,825 km (50,126 sq mi)	2,921,611	22.5/km (58/sq mi)
3	Gauteng	Johannesburg	Johannesburg	eGoli (Zulu)	18,178 km (7,019 sq mi)	16,098,571	885.7/km (2,294/sq mi)
4	KwaZulu-Natal	Pietermaritzburg	Durban	iKwaZulu-Natali (Zulu)	94,361 km (36,433 sq mi)	11,538,325	122.3/km (317/sq mi)
5	Limpopo	Polokwane (Pietersburg)	Polokwane	Limpopo (Northern Sotho)	125,754 km (48,554 sq mi)	5,941,439	47.2/km (122/sq mi)
6	Mpumalanga	Mbombela (Nelspruit)	Mbombela	iMpumalanga (Swazi)	76,495 km (29,535 sq mi)	4,720,497	61.7/km (160/sq mi)
7	North West	Mahikeng (Mafikeng)	Rustenburg	Bokone Bophirima (Tswana)	104,882 km (40,495 sq mi)	4,186,984	39.9/km (103/sq mi)
8	Northern Cape	Kimberley	Kimberley	Noord-Kaap (Afrikaans)	372,889 km (143,973 sq mi)	1,308,734	3.5/km (9.1/sq mi)
9	Western Cape	Cape Town	Cape Town	Wes-Kaap (Afrikaans)	129,462 km (49,986 sq mi)	7,212,142	55.7/km (144/sq mi)

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